

15 Minute Club

5 Week Study

“Do Not Be Afraid”

What are you afraid of? The dark? Black cats? Old age? Poverty? Failure? For the next five weeks we will be looking at people who have been afraid, often with what we would consider to be very good reason. People surrounded by massive armies, people in a small boat in the middle of a very big storm, people who'd been waiting for a promise for decades, people overwhelmed by angels and visions of the terrible glory of Heaven and its inhabitants, people facing the death of loved ones, a young girl about to be condemned to death for adultery, a young man facing the infidelity and lies of his fiancée.

We face many of the same fears that they did: terror, worry, doubt, despair, confusion, facing the unknown, battling against all odds, facing a hostile world, in need of reassurance.

As you read through the following readings, ask yourself how the situations and stories relate to your own experiences, and be reassured by the promises that are given there.

Depending on the version that you're using, throughout the readings you should find over and over again the reassuring command: “Do not be afraid.”

Week 1 - Confronting our Emotions

Week 2 - When You're Up Against All Odds

Week 3 - Meeting the Unknown

Week 4 - Words of Reassurance

Week 5 - Facing the World

